

Tae Kwon Do Terminology

(website for sourcing; <http://www.itatkd.com/terminology.html>)

Command Terms

Korean

Chul Sa

Cha Rutt

Kyung Yay

An Jo

Mook Yum

E La Sutt

Choon Bee

Say Jak

Par Row

Shee Yoe

Go Mon

Ee Dee Wha

Balee Balee

Ko Yo Han

Doe Rha

Dee Row Doe Rha

Pon Tay

Kwan Chang Nim E Kyung Yet

Sah Bum Nim E Kyung Yet

Ku Ryung E Mat Cho So

Ku Ryung Up Shi

English

Line Up

Attention

Bow

Sit Down

Meditate

Stand Up

Ready Position

Begin

Return to Ready Position

Rest

Stop

Come Here

Hurry

Quiet

Turn

Turn 180 Degrees

Reverse

Bow to Grandmaster

Bow to instructor

By the count

Without count

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Salutations

Korean

Nha

Ahn Nee Yoe

Con Sa Hom Nee Dha

Mee On Hom Nee Dha

Co Mop Sim Nee Dha

Chun Mun A Yoe

Ya Boe Say Yo

"Ahn Young Ha Sim Nee Kah" or
"Ahn Young Ha Say Yo"

(You may use these two salutations at any time of the day or as a reply to the same greeting).

Ahn Young Hee Kay Say Yo

Ahn Young Hee Kah Say Yo

English

Yes

No

Thank You For Teaching Us

I am Sorry

Thank You

You Are Welcome

Hello

Good morning, good afternoon, good evening, how are you? How do you do?

Stay in peace

Go in peace

Names and Titles

Korean

Dan

Yu Dan Cha (Nim)

Gup

Yu Gup Cha

Jeja

Nim

Sun Bae (Nim)

English

Degree (Black Belt)

Holder Of Degree (Black Belt) Rank

Grade (Rank Below Black Belt)

Holder Of Gup Rank

Student

Term of respect "honorable"

Sr. Student

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Korean

Chokyo (Nim)

Keo Sa (Nim)

Keo Bum (Nim)

Sa Bum (Nim)

Kwan Jung Nim

Kuk Sa Nim

English

Assistant Instructor (1 Dan)

Assistant Instructor (2 Dan)

Assistant Instructor (3 Dan)

Instructor (4 Dan or higher)

Director of a Martial Arts School, Style or Organization

Grand Master (National Martial Arts Teacher)

Schools and Styles

Korean

Dojang

Kwan

Moo Do (also "Mu Do")

Moo Sul (also "Mu Sool")

Chang-Hun

Tae Kwon Do

Tae Soo Do

Tang Soo Do

Hap Ki Do

Kong Soo Do

Shim Soo Do

Koong Shi Do

English

School ("Training Hall", also "School where the Way is taught")

School (Gymnasium)

Martial Arts ("Way of the Martial Arts")

Martial Technique

Blue Cottage

Foot, Fist, Way Of (Way of Fist and Foot)

Foot, Hand, Way Of

China, Hand, Way Of

Harmony, Inner Power, Way Of

Empty Hand, Way Of (Karate)

Mind, Hand, Way Of

Bow, Arrow, Way Of

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Korean

Koong Do
Koong Sul
Sado Mu Do
Buldo Mu Do
Koong Jong Mu Do
Kwon Bup
Yu Sool
Soo Bak Gi
Soo Bak Do
Oh Do Kwan
Moo Duk Kwan
Chung Do Kwan
Shim Duk Kwan

Hand Parts

Korean

Son (also, Soo)
Son Kal (Soo Kal)
Son Kal Dung (Soo Kal Dung)
Ba Tang
Kwon
Ju Mok
Ap Ju Mok

English

Archery (Bow, Way Of)
Archery Techniques
Tribal (Village) Martial Arts
Buddhist Martial Arts
Royal Palace Martial Arts
Fist Method
Throwing Techniques
Hand Striking Techniques
Hand Striking, Way Of
My Way, School Of
Martial Virtue, School Of
Blue Wave, School Of
Virtuous Mind, School Of

English

Hand
Knife Hand
Reverse Knife Hand
Palm Heel
Fist (To Smash Or Destroy With Fist)
Fist
Forefist

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Korean

Dung Ju Mok

Yup Ju Mok

Ter Ri Kee

Chirigee

Pon Tay Chirigee

Makee

Pal Moke Makee

An Pal Moke Makee

Huke Yo Pal Moke Makee

Stances

Korean

So Gee

Moa So Gee

Naranee So Gee

Naranee Choon Bee So Gee

Gunnun So Gee

Ap So Gee

Niunja So Gee

Foo Gul So Gee

Dwit Bal So Gee

Kee Ma So Gee

Sanun So Gee

English

Back Fist

Side Fist (Hammer Fist)

Strike

Punch

Reverse Punch

Block

Outer Forearm Block

Inner Forearm Block

Rising Outer Forearm Block

English

Stance

Close Stance

Parallel Stance

Parallel Ready Stance

Walking Stance

Front Stance

L-Stance

Back Stance

Rear Foot Stance

Sitting Stance

Diagonal Stance

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Korean

Nachuo So Gee
Kyocha So Gee
Ko Chung So Gee
Soo Jik So Gee
Waebal So Gee
Guburyo So Gee
Kee Ma Ja Seh

English

Low Stance
X-Stance
Fixed Stance
Vertical Stance
One-Leg Stance
Bending Stance
Horse riding Stance

Kicking Techniques

Korean

Cha Gee
Ap Cha Gee
Yup Cha Gee
Tollyo Cha Gee
Pon Tay Tollyo Cha Gee
Bandal Cha Gee
Dwee Cha Gee
Naeryo Cha Gee
Golcho Cha Gee
Bitro Cha Gee

English

Kick
Front Kick
Side Kick
Turning Kick
Reverse Turning Kick
Crescent Kick
Back Kick
Downward Kick (ax kick)
Hooking Kick
Twisting Kick

Types Of Techniques

Korean

Sul (also "Sool")

English

Technique

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Korean

Kwan Jyel Sul

Hyel Do Sul

Ki Bon Sul

Too Sul

Nak Sul

Chil Sik Sul

Shim Gong Sul

Ho Shin Sul

Sin-Chong (also "Sin-Ch'ong)

Sul Sin-Chong

Dare Ee On

Ilbo Dare Ee On

Eebo Dare Ee On

Sambo Dare Ee On

Cha U Dare Ee On

Pang Wi (also Pang Wee)

Tong Hyel

Ma Hyel

Sa Hyel

Basic Terms

Korean

Doe Boke

English

Joint Manipulation Technique

Vital Point Techniques

Basic Techniques

Throwing Techniques

Falling Techniques

Choking Techniques

Mind Training Techniques

Self-Defense Techniques

Application

Technique Application

Sparring

One-Step Sparring

Two-Step Sparring

Three-Step Sparring

Free Sparring

Defense Against

Pressure Point Which Induces Pain

Pressure Point Which Induces Paralysis

Lethal Pressure Points

English

Uniform

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Korean	English
Dhee	Belt
Kuk Ki	National Flag
Won Ki	Association Flag
Ha Don	Low Section
Choong Don	Middle Section
Son Don	High Section
When Jok	Left Side
Oren Jok	Right Side
Hyung or	Pattern (Form)
Poomse (also "Poom Say") or	Pattern (Form)
Tul	Pattern (Form)
Sahn	Twin
Hwa	Blossom; Flower
Rang	Youth; Young Gentleman
Yok Sa	History
Young U	Korean Terminology
Chul Hak	Philosophy
Yu	Flowing Water (Theory)
Won	Circle (Theory)
Wha	Harmony, Togetherness (Theory)
Weapons	Mu Ki (also "Mu Kee")

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Weapons

Korean

Ji Pang E (also "Jee Pang E")

Tahn Bong

Jung Bong

Jang Bong

Kal

Tan Do

Gum (Kum)

Ee Chul Bong or

Tahn Do Li Ga

Nat

Cha-Ru

Chang

Boo Chai

Pho Bak

English

Cane

Short Stick

Middle Staff

Long Staff

Knife

Dagger

Sword

Two-Section Stick (Nunchaku)

Short Flail (Nunchaku)

Sickle (kama)

Handle (Tonfa)

Spear

Fan

Rope

Movements

Korean

Mahk Ki

Ssang Soo Ha Dan Mahk Ki

In Ahneso Phaku Ro Mahk Ki

Soo Kal Mahk Ki

Sang Dan Mahk Ki

English

Block

Low X Block

Side Outside Block

Knife Hand Block

High Block

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Korean

Ha Dan Mahk Ki

Chun Kul Ssang Soo

Kyuck Pa

Kong Kyuck

Choong Dan Kong Kyuk

Kap Kwon

Jang Kwon

Soo Do Mahk Ki

Pahl Koop Kong Kyuk

Kwan Soo Kong Kyuk

English

Low Block

Two Hand Defense

Breaking

Attack or punch

Center Punch

Back Fist

Fore Fist

Knife Hand

Elbow Strike

Spear Hand

Anatomy

Korean

Pahl

Ahp Bahl Gum Chi

Tuck

Pahl Koop

Chu Mok

Bahl

I Ma

Ko Hwan

Soo

Dwi Gum Chi

English

Arm

Ball of Foot

Chin

Elbow

Fist

Foot

Forehead

Groin

Hand

Heel

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Korean

Bahl Doong

Moo Roope

Da Ri

Dan Jun

Mok

Moi

In Choong

Myung Chi

Hur Ri

Pahl Mok

English

Instep

Knee

Leg

Low Abdomen

Neck

Head

Philtrum (area under nose)

Solar plexus

Waist

Wrist

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Korean Counting 1-100

English Numbers	Position (ie First, Second, Third ...)	Numbers Pronunciation
1	il	hana
2	ee	tul
3	sam	set
4	sa	net
5	oh	tasot
6	yuk	yosot
7	ch'il	ilgop
8	p'al	yodolp
9	gu	ahop
10	ship	yol
11	ship-il	yol-hana
12	ship-ee	yol-tul
13	ship-sam	yol-set
14	ship-sa	yol-net
15	ship oh	yol-tasot
16	ship-yuk	yol-yosot
17	ship-ch'il	yol-ilgop
18	shi-p'al	yol-yodolp
19	ship-gu	yol-ahop
20	ee-ship	sumul
30	sam-ship	sorun
40	sa-ship	mahun
50	oh-ship	shween
60	yuk-ship	yesun
70	ch'il-ship	irun
80	p'al-ship	yodun
90	gu-ship	ahun
100	beak	pa