

# BLACK BELT CLUB

BLACK BELT CLUB IS AN ELITE GROUP OF ADVANCED STUDENTS IN PURSUIT OF BLACK BELT EXCELLENCE!!

OPEN TO BLUE BELT AND ABOVE AND BLACK BELTS WHO WANT SPECIALIZED TRAINING TO ACHIEVE A HIGHER STANDARD OF BLACK BELT!!!

YOU CAN NOT BUY YOUR WAY INTO THIS BLACK BELT CLUB, BUT SHOW INSTRUCTORS YOU ARE SELF-DISCIPLINED AND DEDICATED TO BEING THE BEST BLACK BELT CANDIDATE YOU CAN BE!!

THIS STATUS REQUIRES THAT YOU ASSIST TEACHING OTHER STUDENTS UP TO YOUR RANK BEFORE YOU CAN ACCEPT YOUR NEXT RANK AND HELP BEGIN THE CLASS, SET UP EQUIPMENT AND CLEAN THE TRAINING AREA WHEN TRAINING IS FINISHED!

ADDITIONAL CLASSES OF ADVANCE TRAINING FOR YOUR NEXT RANK WILL BE AVAILABLE. PLUS ADVANCE BLACK BELT MATERIAL. AS A BLACK BELT CANDIDATE YOU WILL ALSO BE REQUIRED TO ATTEND ALL BLACK DRAGON SPONSORED EVENTS AND COMPETE IN A MINIMUM OF 3 EVENTS AT 3 TOURNAMENTS A YEAR.

YOUTH PARTICIPANTS AND OTHER STUDENTS CAN NOT BE IN THE BLACK BELT CLUB WITH A SCHOOL GRADE BELOW A B+ (3.3 GPA) YOU MUST KEEP YOUR STANDARDS HIGH AND FOLLOW YOUR GOALS TO BLACK BELT. REPORT CARDS WILL BE SUBMITTED EACH QUARTER OF THE SCHOOL YEAR. NO EXCEPTIONS

***THIS IS A NO-TOLERANCE PROGRAM...WE WANT THE "TOP GUN" DISCIPLINE STUDENTS ONLY.***

YOU WILL BE SELECTED TO BE A MEMBER BY SENIOR INSTRUCTORS AND ASSOCIATED BLACK BELTS ONLY!

The Benefits of Membership:

Special Classes Designed Specifically for Black Belt Club Members

Black Belt Specials Events, social activities and tournaments

Leadership team training

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Black Belt Club White Uniform Top, Black Belt Club Patch, Certificate  
Membership in a NKMA (National Korean Martial Arts Association) and discounted programs  
Black belt candidate training classes  
Weapons Training In: Nuchucks, Bo, Swords, Kama, Sai  
Sparring Classes

***"Set your goals high and give yourself time to accomplish them. Commit yourself to a level where you can't fail because you won't quit under any circumstances."***

## **Benefits:**

Ability to Defend Myself in All Situations Health and Fitness  
Be a Part of an Elite Team Total Confidence  
Achieve the First Step towards Black Belt Mastery and Life Mastery Learn Advanced Curriculum:  
Develop Leadership Skills and Public Speaking Skills a life-changing process.

## **Action Plan:**

Get approved for and join the Black Dragon Master Club.  
Train consistently 2-3 times per week.  
Test regularly every 3 months with 24 classes.  
Take personal responsibility to learn material as independently as possible.  
Maintain proper nutrition, rest, and exercise.  
Practice daily at home 15-30 minutes.

**BELT RANKING** will be as follows: Blue, Blue-Black Stripe, Brown, and Black-Red Stripe.

## **One year training after Black-Red Stripe to test for 1<sup>st</sup> Dan.**

Students must meet all standards of lower ranks... board breaking requirements and power break – 4 board minimum (the Age of 16 is the minimum age for 1<sup>st</sup> Dan) an exception will be made if a BB candidate at the age of 14 is able to accomplish the 4 board power break.

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Personal Commitment:

I pledge to do whatever it takes to achieve my goal for the betterment of myself and those around me:

Signed \_\_\_\_\_ Date \_\_\_\_\_

You must decide that your goal is worth the time, effort, and money. You must also determine what your obstacles are in advance and decide to do whatever it takes to over-come those obstacles.

All Goals Must Be SMART:

S – Specific M – Measurable A – Attainable R – Realistic T – Tangible.

Would you like to be guaranteed to receive your Black Belt?

Do these things:

1. Show up 2 or 3 times per week – until you pass your test. Most people who fail to get their Black Belt FAIL because they either stop showing up or they show inconsistently!
2. Set your goal. REALLY set your goal by following all of the steps
3. Take pictures of yourself with a Black Belt and Visualize actually being a Black Belt EVERY DAY
4. Parents – don't take no for an answer. Show up 2 or 3 times per week – from now on! Who is in charge you or the child?
5. Ask your instructors regularly what you can do to improve.
6. Create Desire. Meet Black Belts. Watch Tournaments. Learn more about Martial Arts. Enjoy yourself

**Club Entry Fee: \$60 (Uniform top, basic Kama (first weapon) and NKMAA membership), patches. An upgrade on the basic Kama for an additional \$40**

**Other weapons will be offered at wholesale prices as the group advances with each skill set.**