



# Preliminary Promotion Review

Current Date: \_\_\_\_\_ Test Date: \_\_\_\_\_

Student: \_\_\_\_\_

Current Rank: \_\_\_\_\_ Reviewed by: \_\_\_\_\_

Desired Rank: \_\_\_\_\_ Ready for Testing: Yes No

This is a brief preliminary review of student skill areas as noted on the student study sheets. Students need to be proficient and know the required levels in order to be considered for promotion in the Gup; Junior Dan and Black Belt Ranks.

ITF Forms	Knows Form		Knows Meaning		WTF Forms	Knows Form knows meaning optional		
	Yes	No	Yes	No		Yes	No	Yes
Chon-gi					Il-jang			
Dan-gun					Ee-jang			
Do-san					Sam-jang			
Won-hyo					Sa-jang			
Yul- gook					Oh-jang			
Joong-gun					Yuk-jang			
Toi-gye					Chil-jang			
Choong-moo					Pal-jang			
Hwa-rang								

Weapon Forms	Knows Form		Basic Terminology	Knows Terms	
	Yes	No		Yes	No
<b>Required weapons</b>					
Il Bong Hyung			Symbolism of Korean/ USA Flag		
Ee Chul Bong Hyung			Basic Kicks in Korean		
			Basic Stances in Korean		
<b>Advanced weapons</b>	<i>Only if practiced</i>		Basic Hand Techniques in Korean		
Boo-Chai Hyung			Advanced Terms in Korean		
Cha-Ru Hyung				<i>Proficient</i>	
Sai Hyung			<b>Application of form movements</b>		
Nat Hyung			Skill as an Uke (attacks and falls)		
<b>Self- Defense (1st Dan)</b>			Skill as an Tori (defense and takedowns)		
<b>Overall Attitude</b>	Excellent		Very Good	Good	Fair
<b>Focus/ Attention</b>	Excellent		Very Good	Good	Fair
<b>Sparring</b>	Excellent		Very Good	Good	Fair
<b>Board Breaking</b>	Excellent		Very Good	Good	Fair

Comments: \_\_\_\_\_

\_\_\_\_\_