

Personal Achievement Skills Center Skills Worksheets

Delivery

Personal Achievement worksheets will be sent by e-mail each month from Blackdragontkd@hotmail.com. Each worksheet has parent information and student missions and lessons to be completed.

Worksheets

Every student will be given a personal achievement worksheet to take home. The goal is to have the parents read the Personal Achievement lesson and help students complete the missions for the month. Worksheets should be posted in the students room or on the refrigerator.

Missions

Each personal achievement worksheet has a series of missions. The missions involve the students, their friends, families, teachers and their community. The missions are designed to help the student understand the lesson for the month and build the successful habits of a champion. The missions are worth (10 points) and bonus missions worth (20 points) for a monthly total of (200 points). The students add up their points and turn in their personal achievement worksheets to their instructor the last week of the month to earn a special wristband representing the lesson completed. The worksheet is returned to the student to add to their training manuals. Students who achieve (800 points) will receive a special award.

Web Site

Students can go to the Personal Achievement Skills Center on the Black Dragon Martial Arts Club Web site: <http://blackdragonmartialartsclub.com> to see the missions for the month, the Code of Champions, and sign the Wall of Champions. Students can sign up to get the monthly lessons sent by e-mail directly to them.

Membership Benefit

Our goal with the Personal Achievement Skills Center is to help students become Champions in the Game of Life. Students will hear the lesson of the month from instructors, and parents are encouraged to read the lessons and complete the missions with their children at home. Each student will receive their own Personal Achievement Worksheet to take home and post in their room or on the refrigerator. The goal is to have each student conquer the missions and achieve as many points possible each month. This will help students develop the successful habits of a champion. Encourage the students to sign the Wall of Champions and receive the lessons by e-mail directly to them.