

TEAM SYNCHRONIZE FORM AND TEAM DEMONSTRATION

Props that are considered dangerous or harmful to people and/or to any part of the competition area or that will cause major clean up time will not be allowed. All teams are responsible for their own clean up. If a team has any question about their Team Synchronize Form or Team Demonstration, they should ask the Center Official before competition starts.

Demo or Forms Teams will compete in the division of the Highest Belt Color on Team

Team Synchronize Form:

2 – 5 Members

4 Minute Maximum Time Limit - Time starts when the first team member steps into the competition ring and ends when the team is obviously finished in the opinion of the Center Official

Empty Hand Forms, Weapons Forms or combinations of both are legal

All the technical Martial Arts skills are graded for execution, presentation and difficulty

Team: Group organized to function cooperatively in a joint effort

Synchronized: Working at same time or rate/ Go together or happen at the same time/
Working in unison/ Use of Techniques in a Domino effect

Synchronize Team Form: Synchronize Team Form will be graded on how well a team is working in a cooperative joint effort with the majority of techniques being executed together, at the same time, in unison and/or in a domino sequence effect.

Team Demonstration:

2 – 10 Members

4 Minute Maximum Time Limit - Time starts when the first team member steps into the competition ring and ends when the team is obviously finished in the opinion of the Center Official

All the technical Martial Arts skills are graded for execution, presentation and difficulty

Team Demonstration is given more liberties and freedoms to exhibit one or a combination of Martial Arts Skills. Synchronization may or may not be a part of team demonstration.